Instructions

Utilize this monitoring form if:

>You sponsor At-Risk After School sites. If a site operates multiple programs, you should only use this form when observing a At-Risk program meal. For other programs within that site you will need to use the Monitoring Review Form for Sponsors.

*Refer to Operational Memo #31, fiscal year 2015 for full CACFP Monitoring Requirements

Monitoring Requirements:

- For any new site(s), a first monitoring review occurs within the first 4 weeks of CACFP operation;
- Required amount of monitoring reviews are completed per active site* per year:
 - >If site operates 10 months or more: 3 reviews per year, 2 of which are unannounced
 - >If site operates 4 to 9 months: 2 reviews per year, 1 of which is unannounced
 - >If site operates less than 4 months: 1 review per year, must be unannounced
- 1 unannounced visit includes a meal service:
- No more than 6 months may elapse between reviews, (no more than 9 months if review averaging is utilized)
- *Sites are identified by physical address, not by program. If you have a site with multiple programs, i.e. childcare and at-risk after school, then you complete the appropriate form for the meal you are observing. If this site is required to have 3 reviews completed, then you could complete a breakfast (childcare), lunch (childcare), supper (at-risk). You do not complete 3 reviews per program.

Best Practices:

- All monitoring reviews include a meal service observation
- · All monitoring reviews are checked for completeness before filing

Before the first monitoring review for the year complete any pre-work, this includes:

- >Complete a monitoring tracking tool/schedule for the year to ensure that requirements are met
- >Complete any sections (as applicable) for the year ahead of time (i.e. training, etc.) and once you have pre-marked appropriate sections make your copies for the year

Steps to Completing a Monitoring Review:

- 1. Ensure that you are completing the correct monitoring review form (see above or contact your analyst).
- 2. Complete the monitoring form by answering ALL questions and sections. If you need to expand on an answer please use the "comments" area provided.
- 3. Complete the appropriate monitoring Five Day Meal Count Reconciliation. This is required at every mentoring review. Use attachment A if meal attendance is recorded by participant first and last name and use attachment B if meal attendance is taken by aggregate total, for example: tick marks as meals are served. Please see attachment tab for additional instructions on completing this form.
- 4. The Meal Count Reconciliation Section must be completed at every monitoring review and is based on the accompanying Attachment A or Attachment B (see spreadsheet tab).
- 5. Attach the completed Five Day Meal Count Reconciliation form to your monitoring review form. Review the monitoring form for completeness and file.

(insert sponsor name, address, phone number)

Child and Adult Care Food Program (CACFP) Monitoring Review form for Sponsored Facilities At-Risk After School ONLY



his monitoring review form may be used for: At-Risk After School sites or programming ONLY ☐ Announced □ Unannounced Meal Observed: Facility Name and Address: Sponsor Agreement: Date: License or Site #: Arrival Time: REVIEW AREAS Section 100. General Information No N/A Comments Yes 101 The facility makes drinking water available to participants throughout programming Section 200. Training YES NO N/A Comments 201 NEW FACILITIES/STAFF: Staff have received training from the sponsor Date(s) of training: prior to CACFP operations/responsibilities. 202 The sponsor conducted annual CACFP training for all key staff. 203 Sponsor training documentation includes: \square date(s) \square location(s) \square topic(s) \square names of participant(s) Section 300. Civil Rights YES Comments NO N/A 301 The sponsor has ensured there is no separation by race, color, sex, age, disability or national origin in the classroom, eating areas, seating arrangements, program admission, or institutional records. 302 Potentially eligible persons and households have an equal opportunity to participate in CACFP. 303 The USDA "And Justice for All" poster is displayed in a conspicuous 304 The current USDA nondiscrimination statement is on all materials distributed to the public and on websites. 305 Front-line facility staff have been trained on civil rights requirements and can verbalize the sponsor's complaint procedure. Section 400. Records and Record Keeping Comments YES NO N/A 401 A daily count is maintained for all meals served to adults who work in the program. 402 The program claims no more than one snack and one meal per participant per day. 403 Meals are only claimed for a participant within the CACFP age requirements: • 18 years old or younger for At-Risk programs or emergency shelters No age restriction for persons with mental or physical handicaps enrolled in a facility serving a majority of 18 years of age or younger. 404 Facility daily attendance records are maintained. 405 Meal attendance records are available and current. Comments Section 500. Menus YFS NO N/A Review the current menu and answer the following questions: 501 Menu(s) meet program requirements and include: month, date, and specific components. 502 Menu(s) are available for meals claimed. 503 CACFP meal pattern requirements are met with sufficient detail for a creditable meal. 504 There is a procedure in place for site staff to record menu substitutions. 100% juice is limited to one meal/snack service per day, even when 505 serving different participants. 506 At least one serving of grains per day is whole grain-rich. 507 Grain based desserts are not served as creditable components at meals/snacks A meat/meat alternate was not served more than 3x weekly to replace 508 the entire grain component at breakfast. 509 Yogurt contains no more than 23 grams of sugar per 6 ounces. 510 Breakfast cereals contain no more than 6 grams of sugar per dry ounce.

| | | (.) | | 1 | | Т | | | |
|---------------------|---|----------------------------|----------------------|----------------|--------|----------|-----------|--|--|
| 511 | Section 50 At lunch and supper at lea | 00. Menus (cont.) | ruit or 2 vegetables | YES | NO | N/A | Comments | | |
| 311 | are served. | ast i vegetable and i ii | uit of 2 vegetables | | | | | | |
| 512 | CACFP Request for Specia | | | | | | | | |
| | available for participants v [7 CFR 226.20(h)] | with medical or other sp | ecial dietary needs. | | | | | | |
| 513 | CACFP Request for Specia | | | | | | | | |
| | available for participants r substitutions. | receiving nutritionally ed | uivalent milk | | | | | | |
| | | | Section 600. Mea | al Observ | vation | | | | |
| Check r | meal/snack observed: | □Supper □ | lSnack | (specif | | □Breakfa | st □Lunch | | |
| 601 | Tiedi/ Stidek Observed. | Подрест — | | | | | | | |
| 1 to 18 Year Olds | | | | | | | | | |
| Required Components | | | | Specific Items | | | | | |
| Milk V | ariety Served (list %) | | | | | | | | |
| Me | eat/Meat Alternate | | | | | | | | |
| | Vegetable | | | | | | | | |
| Fru | it or 2nd Vegetable (Lunch and Supper only) | | | | | | | | |
| | Grain | | | | | | | | |
| | Other | | | | | | | | |
| Record | the number of participa | nts observed at meal | time: | | | | | | |
| Room | <u> </u> | | | | | | Comments | | |
| Particip | ants | | | | | | | | |
| | n Adults | | | | | | | | |
| | Service | | | <u> </u> | | | | | |
| | riety Served | | | | | | | | |
| Willie Val | lety derved | | | | | | | | |
| | Section 600. Me | eal Observation (c | ont.) | YES | NO | N/A | Comments | | |
| | Based on the meal/sna | ick observed: | | | | | | | |
| 602 | Minimum portion served r | | ements for age | | | | | | |
| 603 | groups. If no, the meal ca Meal/snack served met th | | ick pattern for food | | | | | | |
| | components and for age s | | | | | | | | |
| 604 | Meal attendance was take no, the meal cannot be cla | ring meal observed. If | | | | | | | |
| 605 | Meal/snack served was th | | posted menu for the | | | | | | |
| 606 | The appropriate variety of (Unflavored 1%, 1/2%, skim, OR | rticipants. | | | | | | | |
| 607 | Offer vs. serve option is u | used correctly. | | | | | | | |
| | Section 700 | 0. Health and Safet | у | YES | NO | N/A | Comments | | |
| 701 | - | | | | | | | | |
| | health authorities and | _ | | | | | | | |
| | recommendations and | e authorities. | | | | | | | |
| | Attach documentation contact. | ted and the date of | | | | | | | |
| | | | | Ī | 1 | 1 | | | |

| | Section 800. Meal Count Reconciliation | YES | NO | N/A | Comments | | | | | |
|----------|--|-----|----------|----------|---|--|--|--|--|--|
| five con | Compare the number of participants recorded on the facility's attendance and enrollment records to the meal counts for each meal type for five consecutive days (not including the day of the in-person monitoring visit). • Use Attachment B (see Attachment B Excel Spreadsheet) | | | | | | | | | |
| 801 | Enrollment, daily program attendance, and meal attendance reconcile. If there are discrepancies, explain. | | | | If there are discrepancies, please explain: | | | | | |
| 802 | Compare the number of participants present during the meal observation to the number of meals claimed during the five days in the reconciliation. Do the numbers compare? If there are discrepancies between the number of participants present and the number of participants claimed, explain. | | | | | | | | | |
| | **A 5 Day Meal Count Reconciliation (Attachment B) is required at each site monitoring review** | | | | | | | | | |
| | Section 900. Previous Reviews and Findings | YES | NO | N/A | | | | | | |
| 901 | There were findings from previous review. If yes, list: | | | | | | | | | |
| 902 | Findings from provious reviews were corrected. If no please | T | T | T | | | | | | |
| 702 | Findings from previous reviews were corrected. If no, please explain: | | | | | | | | | |
| | T | 1 | . | . | | | | | | |
| 903 | Summarize all findings and recommendations for corrective action. | | | | | | | | | |
| | | | | | | | | | | |
| | Representative Signature | | | | Date: | | | | | |
| Sponsor | r Monitor Signature | | | | Date: | | | | | |
| | | | | | Departure Time: | | | | | |

| | | | | | Fi | ve-Day | Reco | nciliation | | | |
|-----------------------------|--------------------|---|-----------------|----------------|-------------------|--------------|--------|-----------------|----------------|---|-------------------------------------|
| Attachment B* Today's Date: | | | | | | | | | | | |
| | | *Co | omplete Attachr | nent B when po | oint of service r | meal atte | ndance | e is recorded b | y aggregate to | otal (not by participant name) | |
| Sponsor Name: | | | | | | Agreement #: | | | | | |
| Facility Name: | | | | | | License #: | | | | | |
| | | | | | | | | | | | |
| | | e number of partic either current or a | | | | | | | | al type for 5 consecutive days (do no d. | t include the day of the monitoring |
| Eating area(| s) included in | n this reconciliation | 1: | | | | | | | | |
| Dates | Number Enrolled | Number in Attendance | Breakfast | Lunch | Supper | A.M. Si | nack | P.M. Snack | Evening Snack | Discrepancies? | Comments |
| | | | | | | | | | | □ YES □ NO | |
| | | | | | | | | | | □ YES □ NO | |
| | | | | | | | | | | □ YES □ NO | |
| | | | | | | | | | | □ YES □ NO | |
| | | | | | | | | | | □ YES □ NO | |